A woman with a ponytail, wearing a black shirt and a clear plastic apron, is sitting in a white bathtub. She is smiling and looking towards an elderly woman who is lying down in the tub. The elderly woman is wearing a blue and yellow life vest and has her eyes closed, appearing relaxed. The background is a sunset over the ocean with a cloudy sky. The bathtub has a showerhead and a faucet on the left side.

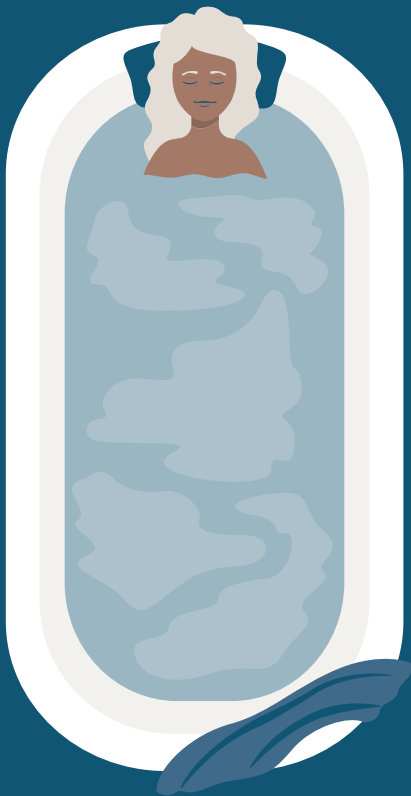
What bathing
should feel like

EFFICIENT AND SAFE BATHING ACROSS MOBILITY LEVELS

Symbliss[®] bathing system

Bathing should be one of life's simplest pleasures

For a resident or patient, bathing can be one of the great genuine pleasures. Besides the obvious hygiene benefits, the full body immersion and sensory experience of relaxation and warmth when enjoying a bath is second to none.



But bathing isn't without its challenges

The time it takes to bathe a resident or patient can be highly demanding on caregiver resources. **Complex bathing workflows** are made more complicated by the **risk of injury** to both caregiver and resident or patient. It often requires training with special equipment. And it's not always welcomed by the resident or patient, due to cognitive and dignity concerns.

FACTS

Less staff to care for more and more dependent residents or patients

The 80+ age-group is the fastest growing. And yet the shortage of caregivers in long-term care has never been so significant.¹

The number of people living with dementia will only grow

More than 60% of people in long-term care are living with dementia. This is expected to rise over the next decade.^{2,3}

Long term care facilities are under growing pressure to improve quality of care

Time pressures detract from a caregiver's ability to deliver one-to-one individualised care, which can further contribute to cognitive decline.

COMPLEX WORKFLOW

Residents or patients have **varying physical** and **cognitive** needs

Transfer intense and physically demanding

In-bed bathing perceived to be **quicker**

Disruptive moments of **friction**

Caregivers have **varying skill** levels

WITH A LEVEL OF RISK

Risk of **caregiver injuries**

Risk of **resident or patient sliding** during bathing

Risk of **infection**

Risk of resident or patient **aggression**

Symbliss® bathing system



Efficient bathing for residents or patients across mobility levels

The Symbliss® system, including bath and bath chair, facilitates smooth workflows.

The versatile bath chair can be used for transportation to and from the bathroom as well as during the bathing routine and throughout dressing and undressing. What's more, it minimises the time spent and risks associated with multiple transfers.

Designed for residents or patients across mobility levels, Symbliss® supports their involvement in a range of care tasks and helps maintain their functional mobility.

Safe and secure bathing for caregivers and residents or patients

Symbliss® has numerous safety features and design aspects proven to facilitate ergonomic working postures, reduce physical effort and ease manoeuvrability during the bathing workflow.⁵

Caregiver safety is further supported by the system's height adjustability, the unique tilt movement of the chair and ergonomic grip points.

The system's design makes cleaning and disinfection efficient while minimising the risk of cross contamination.

Wellness and comfort for body and mind

Designed to support dementia care, the Symbliss® bath and bath chair promote dignity and comfort, and may help improve productivity by reducing moments of friction.

Featuring a spa-like design with multisensory options, Symbliss® enables a therapeutic and quiet wellness break.

Routine immersion bathing has positive effects on both mental and physical health, including reducing stress and anxiety levels, and increasing blood flow.⁴



Smooth and simple operation throughout the entire bathing process

Being a versatile lifter, the Symbliss® bath chair can be used for residents or patients across mobility levels. Designed to smoothly integrate with patient transfer devices, it reduces injury risk and improves efficiency.

It's what bathing should feel like. From bed to bath, and back again.



PREPARING

Access and prepare

TRANSFER

From bedroom to bathroom

TRANSFER

Undress and toilet

TRANSFER

Getting into the bath

IN BATH

Washing

IN BATH

Wellness

TRANSFER

Getting out of the bath

TRANSFER

Dry and dress

TRANSFER

Exit bathroom to bed or activities

CLEANING & DISINFECTION

Product cleaning and disinfection

Proven ergonomic safety and easy manoeuvrability for a single caregiver⁵

In an independent lab study evaluating caregiver posture during the bathing workflow, the Symbliss® bath and bath chair were proven to enable good working posture throughout the bathing cycle.

On average the caregiver spent only 4.2 seconds in a bent forward position (>30°) – far below the international standard of 60 seconds.^{5,6}

Furthermore, the Symbliss® bath chair was proven easy and safe to manoeuvre in line with international guidelines.^{5,6}



Enabling good working postures⁶ and optimised access for washing

The height adjustability, powered tilt chair movement and end-loading design of the Symbliss® system promote correct working postures for caregivers.

For residents or patients, the tilted position – in combination with the fully supportive backrest and seat – enables secure seating and minimises sliding or floating during bathing.

The leg rest supports a smooth transfer over the bathtub rim, and the Droplet® bath design facilitates easy access to the resident's or patient's upper body.



Simple and efficient infection prevention

All elements of the Symbliss® system, including the choice of materials, are designed to ensure infection prevention for safe and secure warm water bathing.

The bath chair's fully moulded polyurethane seat, removable parts, wipeable accessories, and non-porous surfaces minimise potential for bacterial growth and are easy to keep clean.

The integrated disinfection system simplifies the process and eliminates human error by ensuring correct dilution and disinfectant contact time.

The bath also can be fitted with preventative water management features which can minimise microbial growth.

Designed with residents or patients living with dementia in mind

Symbliss® is not only designed for the full range of residents' or patients' functional mobility needs, but also with dementia and dignity in mind.

Every aspect of the system – from the bath's home-like appearance to the chair's comfort and feeling of security – helps minimise potential moments of friction and make the entire bathing experience more pleasant, efficient and safe.

Special attention has been paid to ensuring eye contact between caregiver and resident or patient can be maintained throughout the workflow, as one-to-one communication during bathing has been shown to reduce stress in residents or patients living with dementia.⁷



Symbliss® bath and bath chair has received the highest Class 1A rating as a dementia-friendly product from the DSDC*

The Symbliss® bath chair tilts around the residents or patient's centre of gravity to:

- help to reduce discomfort or disorientation
- lower the risk of skin friction and shear
- provide additional support for residents or patients lacking trunk stability and head control



Multisensory, warm-water bathing contributes to healthier outcomes

Relaxing bathing experiences can improve mental and physical health in a number of ways. For instance, total warm water immersion helps induce relaxation, relieve muscle tension and encourages movement, helping residents or patients to maintain their existing mobility.^{8,9,10}

Symbliss® offers full body immersion and the system's QuietConcept™ keeps equipment noises at a minimum, helping to reduce agitation and anxiety for residents or patients, especially those living with dementia or other cognitive impairments.¹¹

The Symbliss® bathing system offers multi-sensory features that enhance these benefits, stimulating the senses via sound, light, touch, and smell.

- Adjustable, quiet hydromassage
- Integrated spa music tracks and access to residents' or patients' choice of music via Bluetooth®
- Underwater lights with a selection of still colour or pattern
- Ambient lighting for a cosy, comfortable, yet safe work environment
- A drop or two of aroma oil can be added into the bathwater

When both resident or patient and caregiver are comfortable, bathing can be the highlight of the day and something to look forward to



Our assisted hygiene and wellness solutions



Shower systems



Bath tubs



Bath lifters



Comfort collection



Liquids

Person-centered hygiene

Supporting body and mind with dignified, efficient and safe hygiene experiences

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* Dementia Services Development Centre University of Stirling, U.K. 2018-246 ARJO Symbliss® System. Revision: 2

The Dementia Services Development Centre at the University of Stirling have undertaken a review of this product and have rated its design in relation to dementia design principles and its usability within a dementia-inclusive environment. For ease of identification, the suitability of the product is classified by number with corresponding explanation of use, within the ratings key provided. The DSDC Accredited Product logo is awarded on the merit of the individual product and colour-way. This accreditation does not merit the manufacture or final application of the product. Whilst every endeavour has made to ensure the ratings are reflective of the products suitability and applied use at the time of print, DSDC cannot be held responsible for the application of the final product, its performance or its interface with other products or finishes. For an environment to be considered 'dementia-inclusive' or 'dementia-friendly' careful consideration must be given to the specification of adjoining finishes, their performance specification (for example light reflectance value (LRV), slip resistance and use of pattern) and their suitability for their intended use.

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At Arjo, we believe that empowering movement within healthcare environments is essential to quality care. Our products and solutions are designed to promote a safe and dignified experience through patient handling, medical beds, personal hygiene, disinfection, diagnostics, and the prevention of pressure injuries and venous thromboembolism. With over 6500 people worldwide and 65 years caring for patients and healthcare professionals, we are committed to driving healthier outcomes for people facing mobility challenges.

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