



Sunshine Gym
Outdoor Fitness Equipment
at **broxap**

Product Catalogue

2021

Key Stage 1 & 2

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a division of

broxap



Trusted across the UK

Sunshine Gym is a UK leading designer, supplier and installer of outdoor fitness equipment trusted by schools nationwide.

Innovation, safety and quality come as standard with Sunshine Gym. We care passionately about improving young people's health and wellbeing and aim to make outdoor exercise accessible and engaging for every child.

Our multi gyms take the workout concepts of our original outdoor fitness equipment and incorporate them into a range of modular units creating a physical and social experience for pupils all within a smaller footprint.

The enjoyment and benefits that come from an outdoor gym span beyond providing an exercise facility for your current pupils. As a school you will be investing in a healthier future with a cost-effective, inclusive, flexible, and durable outdoor gym which is built to last the test of time.

Sunshine Gym is a division of family-owned engineering group Broxap Ltd. Formed in 1946, Broxap is a UK market leader in the design, manufacture and installation of high specification street furniture, all types of shelters, design and build projects plus sports and playground equipment.

Comments from the children

"The gym has made lunchtimes better because there are more activities to do on the playground."

"The gym is fun and keeps us fit and active."

"We like the walking equipment and the swinging equipment!"

"We wouldn't change the gym. We would just like even more equipment!"

"We enjoy the gym because it is a fun way to exercise and it makes us feel strong."

"Our favourite day of the week is a Wednesday because we get to use the gym!"

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www.sunshinegym.co.uk

The benefits of a Sunshine Gym...

Tackles Obesity & Related Diseases

Nearly 1 in 3 UK children aged 2 to 15 are currently overweight or obese, storing up future health problems. Appropriate levels of physical activity help to maintain a healthy body weight.

Promotes Independence

Sunshine Gym equipment entices children off screens and helps them to become independent and resilient, as they learn to push their boundaries and assess risk.

Integrates Social Groups

Sunshine Gym multi gyms encourage self-expression, self-confidence, social interaction and integration as pupils exercise together in lessons and breaks.

Engages Every Child

Our accessible equipment lets children of varying abilities and fitness levels take part in cardiovascular exercises, with some items suitable for children who are wheelchair users.



Boosts The Curriculum

The PE curriculum requires 120 minutes of weekly exercise – easily achievable with a Sunshine Gym. Enhance other lessons too, like maths, by charting progress.



Builds Sports Capacity

Sunshine Gym equipment and training lets you add to the physical activity your school offers – making improvements to benefit both current and future pupils.



Improves Academic Performance

Recently published university studies indicate that even a slight amount of physical activity can boost a child's classroom performance and results by up to 20%.

Increases Vitamin D Absorption

Preventable vitamin D related diseases such as rickets are making a comeback. Time spent outdoors is essential for absorbing vitamin D – also known as the 'Sunshine Vitamin'.

Builds Healthy Bodies & Minds

Physical activity contributes to developing healthy bones, muscles, heart and lungs. It can also help manage anxiety and depression symptoms.



ACTIV8 Multi Gym

BX/SG 7000



£3,146 Equipment

£1,462 Installation*

Our most popular multi gym offers a wealth of different and inclusive activities for up to eight users at any one time, featuring a Double Health Walker and two Slalom Skiers for physical movement, coupled with a Double Waist Twister plus a Tai Chi element for co-ordination and Arm Bike set-up for wheelchair users.



ENERGISE Multi Gym

BX/SG 7005

£1,685 Equipment

£450 Installation*

If you're looking to save on space and budget, then the Energise Multi Gym is a great choice. Ideal for a cardio workout that emulates power walking and slalom skiing for up to four users at any one time, the Energise features a Single Slalom Skier at each end, flanking a Double Health Walker, our most popular pieces in primary schools.

* Installation based on fixing into existing grass or tarmac. Minimum install cost applies. Subject to site survey and excludes removal of spoil.



INTEGR8 Multi Gym

BX/SG 7002-GG



£4,028 Equipment

£1,712 Installation*

Designed to bring the social groups of the playground together at the same time, the Integr8 Multi Gym includes a Double Health Walker, Double Slalom Skier, Sky Stepper, Horse Rider as well as two wheelchair friendly stations, the Tai Chi and Arm Bike, allowing up to eight children of all abilities to exercise together.



MOTIV8 Multi Gym

BX/SG 6003-GG

£4,487 Equipment

£1,774 Installation*

The ultimate group multi gym to maximise the fun factor, the Motiv8 doubles up four of our most popular machines, including Health Walkers, Slalom Skiers, Sky Steppers and Horse Riders, enabling up to eight children to work out together and get their heart beats racing and their faces smiling.



Double Health Walker

BX/SG 4005

Our most popular piece, perfect for children of any fitness level to set their own pace and enjoy a gentle workout with their friends whilst working on their balance and flexibility.

£950 Equipment

£399 Installation*



Double Slalom Skier

BX/SG 4006

The Double Slalom Skier focuses on fun cardiovascular exercise. Specially designed support rails mean two users can face each other as they 'ski' independently.

£735 Equipment

£275 Installation*



Rower

BX/SG 4008

Our Rower has a similar design to the traditional rowing machines. The resistance in this unit is created entirely by the child's own body, making it a great cardiovascular exercise for children.

£825 Equipment

£275 Installation*



Horse Rider

BX/SG 4007

The Horse Rider brings even more fun to the playground as children use their own body weight to create the galloping action creating a complete body workout. This unit also allows children to combine exercise with imaginative play.

£526 Equipment

£275 Installation*



Sky Stepper

BX/SG 4009

Similar to an elliptical trainer, children of all fitness levels can set their own pace for a great workout in both the upper and lower body. The forward and reverse movements also help to develop co-ordination skills.

£875 Equipment

£275 Installation*

* Installation based on fixing into existing grass or tarmacadam. Minimum install cost applies. Subject to site survey and excludes removal of spoil.



Waist Twister

BX/SG 4002

Great for social interaction, with up to three users independently exercising. Encourages gentle stretching of the waist and hips, perfect for all abilities.

£779 Equipment

£450 Installation*



Tai Chi Discs

BX/SG 4010

Our Tai Chi Discs are based on an aspect of the Chinese martial art. Flexibility is encouraged by movement in the arms and shoulders and co-ordination skills are developed using both arms at the same time.

£540 Equipment

£275 Installation*



Double Sit Up Bench

BX/SG 3001

Encourage a bit of friendly competition with our Double Sit-Up Benches. This unit ensures comfort so that children of any fitness level can have a go at sit-ups and leg raises.

£715 Equipment

£275 Installation*



Arm & Pedal Bicycle

BX/SG 4011

The Arm & Pedal Bicycle is ideal for children to work on their coordination and build confidence in their fitness. It is also available without the seat for wheelchair accessibility.

£690 Equipment

£350 Installation*



Double Strength Challenger

BX/SG 4004

Children can use the Double Strength Challenger to gently stretch their arms and shoulders or as an 'armwrestling' competition in a pair. Imaginative games can also be built around the wheels.

£452 Equipment

£275 Installation*

Gym Package Deals

Primary School Outdoor Fitness Package

Suitable for up to
8 Children

Our most popular package for pupils at Key Stage 1 and Key Stage 2, each unit within this package has proven to be particularly engaging as children explore their capabilities and develop their physical skills whilst still providing the fun factor they look for.



- 1 Arm & Pedal Bicycle
- 2 Rower
- 3 Horse Rider
- 4 Double Slalom Skier
- 5 Double Health Walker
- 6 Sky Stepper

£4,601 Equipment

£1,849 Installation*

Primary School Performance Package

Suitable for up to
15 Children

A package to cover all fitness elements, the Primary School Performance Package incorporates stations for cardio, mental agility and co-ordination, all whilst encouraging healthy competition.



- 1 ENERGISE Multi Gym
- 2 Tai Chi Discs
- 3 Horse Rider
- 4 Double Sit Up Bench
- 5 Double Slalom Skier
- 6 Arm & Pedal Bicycle
- 7 Waist Twister

£5,670 Equipment

£2,350 Installation*

Find a primary school package for you - call to book a free visit to design your own unique package



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All prices exclude VAT. Install costs exclude shipping and are subject to site survey. Broxap reserve the right to change any prices or design at any time. Terms and conditions on the website.